

MONTREUX News

December 2011

Picture courtesy of Chris Steele Decorations thanks to Myrt Nelson and Chris Steele

MONTREUX NEWS

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Celebrating the Season

This is a perfect time to enjoy some of the special offerings of the season, and maybe start a new tradition. Here are a few ideas... and if you have other, please share them with the rest of the neighborhood!!

Visit <u>magicseason.com</u> for a number of special events, including:



Shows Nightly at 7:00 p.m., November 25-December 24

Join The Bellevue Collection for a memorable tradition celebrating the sixth annual holiday showing of Snowflake Lane. It's a nightly display along the sidewalks of Bellevue Way and NE 8th Street of dazzling lights, music, dramatic drumming from live toy soldiers and magical snow.

Winter characters join in the Snowflake Lane fun including a Snow Queen and King, Sugar Plum Fairies and Mice! Celebrate at The Bellevue Collection with an evening that will brighten your spirits and warm your heart with the spirit of the holiday. Event is complimentary.

Snowflake Lane premiers at 7 p.m. on November 25.





Shows Nightly at 7:00 p.m., December 26-December 31

Ring in the New Year with nightly performances of Celebration Lane featuring live toy soldiers with new festive routines and music worth celebrating! Enjoy your favorite dazzling lights, music and dramatic drumming with a New Year's twist. Nightly performances of Celebration Lane at 7 p.m., December 26 – December 31.

The Magic Season Ice

Arena brought to you by Bank of America is open November 25, 2011 through January 8, 2012 in Bellevue Downtown Park

Skate and celebrate at the Magic Season Ice Arena brought to you by Bank of America in Bellevue Downtown Park! This beloved Magic Season tradition is the perfect memory-making activity for family and friends. The arena features the area's only open-air frozen water ice skating rink, plus music from STAR 101.5 and Seattle's Greatest Hits – 570 KVI, free skating lessons on select evenings, and a series of special holiday events. \$10 admission (includes skate rental). Food concessions available on-site.

Garden d'Lights



Garden d'Lights supported by 98.1 Classical KING FM

Brought to you by the Bellevue Botanical Garden Society, the enormously popular Garden d'Lights festival features over a half million lights which transform the Bellevue Botanical Garden into a blossoming winter wonderland. Every December over 150,000 people enjoy this dazzling display.

NEW this year - Free admission nights compliments of KeyBank! Nov. 28, 29, 30 and Dec. 5, 6, 7, 12, 13 and 14. Free admission nights are on a first come, first served basis as space is available and do not require tickets.



Here are two more opportunities:

Cougar Mountain Zoo Reindeer Festival



Enjoy the sights and sounds of the holidays with family and friends!

Take part in the most unique annual holiday celebration in the Northwest,

offering excitement and fun for everyone!

Hours

December 1st through the 23rd 10:00AM to 4:30PM December 26th through the 30th 11:00AM to 3:00PM

More information online at CougarMountainZoo.org



The Reindeer Are Coming!

November 25 - December 24

Come to Watson's to meet Donder and Blitzen who will be spending time here at Watson's this year! They will be here 7 days a week so stop by to meet these wonderful live animals!

6211 Pioneer Way East Puyallup, WA 98371 phone 253.845.7359

Current Hours: Monday thru Friday, 9a-5p Saturday, 9a-5p Sunday, 10a-5p



Keep The Salmon Coming Home A marvel of nature In our own back yard!

By Jane Kuechle

Not sure how many of you are aware that we have a marvel of nature right her in our own backyard. Over the next several newsletters I'll tell you a bit about the hatchery and the organization I work with, Friends of the Issaquah Salmon Hatchery. We are dedicated to preserving and supporting the historic Issaquah Salmon Hatchery and promoting watershed stewardship through education.

The hatchery raises Chinook, Coho and Kokanee. We all love seeing the fish come back each fall. It's a very busy time at the hatchery as returning salmon are trapped and their eggs and sperm are collected so their young can be raised in a protected environment. This year 2,954 adult Chinook were trapped and 1.7 million eggs artificially spawned and now are being raised in incubator trays in the hatchery. Additionally 1,018 fish were allowed to pass the hatchery and go on upstream to spawn naturally.4,460 Coho were trapped and we have 1.2 million eggs incubating in stacked trays. Upstream release was 1,032.

The Kokanee program has been exciting as well. Kokanee are a very endangered species distantly related to Sockeye Salmon. However, they never swim to the ocean but rather live their lives in Lake Sammamish. They are an endangered species and we have a wonderful program underway to bring them back. We are collecting the few Kokanee that return to Ebirght, Lewis and Laughing Jacob creeks, all creeks that flow into Lake Sammamish. Hopefully one day Kokanee can return to the lake in large enough numbers that they can be legally fished.

Jane Kuechle, your Montreux neighbor, is Executive Director of Friends of the Issaquah Salmon Hatchery.

Books Worth Reading

Suggested by Brenda and Todd Elliott

Hotel on the Corner of Bitter and Sweet

An historical novel set in Seattle

By Jamie Ford

Suggested by Sally Goetsch

America's Queen, The Story of Jacqueline Kennedy Onassis

By Sarah Bradford

If You Ask Me, And of Course You Won't

By Betty White

Drama, An Actor's Life

By John Lithgow

Suggested by Jerry Lilly
The Promise of Sleep
By William C. Dement, M.D., Ph.D.

Suggested by Jim McBride
Cutting for Stone
By Abraham Verghese

The Emperor of All Maladies: A Biography of Cancer by Siddhartha Mukherjee

Last Night in Twisted River
By John Irving

Suggested by Chris Steele
Hotel on the Corner of Bitter and Sweet
By Jamie Ford

The Guernsey Literary and Potato Peel Pie Society
By Mary Ann Shaffer and Annie Barrows

Nothing to Envy: Ordinary Lives in North Korea
By Barbara Demick

Cutting for Stone

By Abraham Verghese

Suggested by Doris & Duane Burke
The Power of Your Subconcious
By Joseph Murphy, Phd., DD.

Steve Jobs

By Walter Isaacson

Benjamin Franklin: An American Life
By Walter Isaacson

Dave Barry's Only Travel Guide You'll Ever Need
By Dave Barry

Constance Gardner Says . . . Check Your Trees!

When was the last time those of us who live on the green belt checked the safety of those larger trees? Even when the winter brings good excuses for turning on the fire and making hearty soups, it can also mean the surprise of storm damage from old or unhealthy trees blowing over. A sudden windstorm toppling a tree towards your roof or your neighbors' roof is best prevented.

It's up to each of us to identify our home's problem trees and have a qualified arborist or City of Issaquah employee come to check the trees you are not sure about. The City of Issaquah does have to approve each tree you want to remove as potentially dangerous. You cannot arbitrarily cut any trees in the green belt, or hire others to do it for you, because it is City property.

However, if a tree falls on your house or property or your neighbors' property, it is considered your responsibility to remove it and deal with the damage. The City is not legally responsible. So please plan ahead this season as winter is so unpredictable here in the Pacific NW.

Wild Life Sightings

BOBCAT SIGHTING

Hi there,

For what it's worth, this afternoon I stepped out onto our back deck to remove the last vestiges of dead leaves from the plants.

There was a cat right below the deck that I thought had gotten out of a neighbor's house. Oh no, this was not a cute little "here kitty, kitty" domestic cat but a small stocky bobcat, perhaps looking for mom! He didn't run or move quickly just meandered around the deck and by the time I dashed back into the house for my cell phone / camera he was gone.

This all happened around 1:15 PM. We've moved into their area...

I'm keeping watch over our dogs tonight for their potty break!

Trudy Steinhauer 5595 NW Konigs Court Division Onel

BEAR SIGHTING

Around 8:00 pm October 11, 2011, when all the garbage cans were placed on the street for pickup the next day, we saw a large bear (estimated 6-7 ft head to tail) knock over a trash can in the Col de Vars Place NW cul-de-sac. After knocking over the can, the bear ran into the driveway of one of our neighbors homes, and was not seen thereafter. We alerted most of our neighbors of the bear sighting by phone. A few of our neighbors did not have a phone number or email in the directory, so we were unable to alert them. *Judy Fenyk-Melody*

Growth in Nation's Bear Population

Suburban bear sightings are up nationwide

Everywhere that bears are in North America, they're numbers are increasing, according to wildlife officials.

As bears increase in number out in the wilderness, they're expanding their range in search of food, which is readily available in the suburbs in the form of outdoor trash, bird seed and pet food.

Fall is the season when bears fatten themselves for winter hibernation so, sightings in neighborhoods could become more frequent.

Wildlife experts say that suburban bears pose little threat to humans if they're just passing through. But residents near a bear sighting should take trash and pet food indoors to prevent the wild animals from lingering.

The following is from the Washington Department of Fish and Wildlife website - www.wdfw.wa.gov

If you come in close contact with a bear:

Stay calm and avoid direct eye contact, which could elicit a charge.

Try to stay upwind and identify yourself as a human by standing up, talking and waving your hands above your head.

Do not approach the bear, particularly if cubs are present. Give the bear plenty of room.

If you cannot safely move away from the bear, and the animal does not flee, try to scare it away by clapping your hands or yelling.

If the bear attacks, fight back aggressively. As a last resort, should the attack continue, protect yourself by curling into a ball or lying on the ground on your stomach and playing dead.

Facts about Washington's Black Bears

Food and Feeding Behavior

Black bears are omnivores. They eat both plants and animals; however, their diet consists mostly of vegetation.

In the spring, black bear diets consist mostly of herbaceous plants, from emerging grasses and sedges to horsetail and various flowering plants. In summer, bears typically add ants, bees, grubs, and a host of later emerging plants to their diets.

During late summer and fall, bears typically shift their diets toward tree fruits, berries, and nuts, but they still may consume a variety of plants.

Fall is a critical season for black bears and they commonly acquire most of their annual fat accumulation at this time. Bears may forage up to 20 hours a day during fall, increasing their body weight by 35 percent in preparation for winter. Typically, a small proportion of the black bear's annual diet is made up of animal matter, including insects, mice, voles, ground squirrels, fawns and elk calves, eggs, carrion (animal carcasses), and fish, but their availability varies and is often unpredictable. An occasional bear may take livestock.

Black bears have adequate senses of sight and hearing, but their keen sense of smell and innate curiosity make them skilled scavengers. They consume carrion when they can find it, and are notorious for taking advantage of human irresponsibility with food, garbage, and bird-feeder management. Bears will eat anything that smells appealing and will help them prepare for their long winter sleep.

Black bears move in response to the seasonal availability of food, roaming constantly throughout their home range.

If you encounter a cougar:

Stop, stand tall and don't run. Pick up small children. Don't run. A cougar's instinct is to chase.

Do not approach the animal, especially if it is near a kill or with kittens. Try to appear larger than the cougar. Never take your eyes off the animal or turn your back. Do not crouch down or try to hide.

If the animal displays aggressive behavior, shout, wave your arms and throw rocks. The idea is to convince the cougar that you are not prey, but a potential danger.

If the cougar attacks, fight back aggressively and try to stay on your feet. Cougars have been driven away by people who have fought back.

The Department of Fish and Wildlife responds to cougar and bear sightings when there is a threat to public safety or property. If it is an emergency, dial 911.

If you encounter a cougar or black bear problem, and it is not an emergency, contact the nearest regional Department of Fish and Wildlife office between the hours of 8 a.m. and 5 p.m., Monday through Friday. In King County, the number to call is (425)775-1311.

If you need to report a non-emergency problem when Department of Fish and Wildlife offices are closed, contact the Washington State Patrol or nearest law enforcement agency.

Community Comments

Hi Doris & Duane -

Please forgive the delay; my plate is so full right now. We loved the BBQ this year; and actually every year that we've lived here. The neighbors are very nice and the kids always have fun. I think it's well-organized and wonderful. I wouldn't change it!

Maybe there's a way to get a group of photos from the day all posted online somewhere; I know I usually just email any good pictures I have of other people's children directly to them.

My boys especially loved the balloons and the bouncy house this year.

As for the holidays; we're just blazing new trails in our home - not much new or interesting to share. Both my husband and I will be working right through Thanksgiving, Christmas, and New Year's Eve. If I can come up with something, I'll certainly pass it on.

All my best to you both! Jessica

Doris and Duane -- I wanted to say thank you so much for setting a great example with your fun book, and for encouraging the kids to write stories! That helped make the BBQ fun! And it was great for my daughter to see that she could publish a book some day.

As for the future newsletter, I thought I'd send you my favorite quote of the moment, in case you have somewhere to put it. It'd be perfect for the rainy holiday season. :)

"Life is not about waiting for the storm to pass...it's about learning to dance in the rain!" Vivian Greene

Thanks, again, for all you do! -Kim

Children's Writing Contest Awards 1st, 2nd and 3rd Prize Winners

Age Group 4 to 8
1st Place

AWARD

Presented to

Taylor

For her outstanding story
The Journey of
a Golden Retriever

2nd Place

AWARD

Presented to

Kaylin

For her outstanding story

Adventure to Friends
3rd Place

AWARD

Presented to

Sage

For his outstanding story

A Witch's Troubles

Age group 9 to 12 1st Place

AWARD

Presented to

Vaughn Poon For his outstanding story

A Very Hot Continent

2nd Place

AWARD

Presented to

Sarah Desautel
For her outstanding story
A Seal Changed My Life

3rd Place

AWARD

Presented to

Emily Huang
For her outstanding story
The Darkness Upstairs

Age Group 13 to 15 1st Place

AWARD

Presented to

Mathew

For his outstanding story

Under the Desert Sun 2nd Place

AWARD

Presented to

Carinna

For her outstanding story

Buckle Boy's

Heroic Adventures
3rd Place

AWARD

Presented to

Sage

For his outstanding story

A Witch's Troubles

Age Group 16 to 19 1st Place AWARD

Presented to

Sheila Koohpai For her outstanding story Free the Slaves

NOTE: Last names listed for some of the children has been by parent's permission or if story was previously published with full name attribution.

YWCA Seattle | King | Snohomish Hosts Grand Opening Reception for YWCA Family Village at Issaquah

Community celebrates Eastside's newest affordable-housing community

Coordination with YWCA courtesy of Sally Goetsch

On October 25, YWCA Seattle King Snohomish hosted a grand opening reception for partners, dignitaries, and other key collaborators involved in developing YWCA Family Village at Issaquah, a new 146-unit affordable-housing community in the Issaquah Highlands.

YWCA Family Village at Issaquah integrates affordable housing with services – resulting in a tremendously positive impact on its new residents as well as the region. Supported by \$11.6 million in federal stimulus dollars plus tax credit equities that are expected to generate \$4 million, this new community will strengthen the independence and stability of its residents, other community members and the Eastside for years to come.

YWCA Family Village Issaquah, 930 NE High St., opened its first phase this spring and its second and final phase in August. The innovative complex provides homes for people from all walks of life, including working families, retirees and people with disabilities—people who contribute to a vital and thriving community.

"The issue of homelessness and lack of affordable housing on the Eastside at times falls under the community's radar, but it is very real," said Sue Sherbrooke, CEO of YWCA Seattle | King | Snohomish. "The percentage of households paying too much of their income on housing is higher on the Eastside than anywhere else in King County. Family Village Issaquah is a pioneering response to this need. By providing affordable housing and services within a campus that is both sustainable and beautiful, the YWCA is showing how the communities can take positive action against this housing crisis."

With construction and design that meets or exceeds environmental standards, community gathering spaces, programs for residents and neighbors, Family Village Issaquah provides a national model for how communities can respond resourcefully and imaginatively to issues of homelessness and affordable housing. Completed in the midst of the Great Recession, the YWCA secured a multi-faceted funding model that involved a complicated process of tax credits, allocations and leveraged donations. The process took some 15 years from beginning to end and involved partnerships with a variety of stakeholders, including the City of Issaquah, Port Blakely Communities, King County, the State of Washington, the Bill & Melinda Gates Foundation and numerous private individuals.

In addition to housing, Family Village at Issaquah provides a host of programs and services to the Issaquah Highlands community. Onsite services and programs include:

- Parenting classes, computer education and financial planning courses that will help strengthen the independence and stability of all community members.
- A high-quality, 160-child licensed child care center, with fee subsidy for some Family Village Issaquah residents.
- Community meeting facilities and outdoor gathering spaces.
- A pedestrian bridge that links Highlands residents with the King County transit station.

In addition to its affordability and services, Family Village Issaquah has gained recognition for its sustainable features. The development meets or exceeds environmental Leadership in Energy and Environmental Design (LEED) Silver design and Built Green certification standards, and it received a King County Green Globe award for Community Leadership in Green Building.

Event attendees had the opportunity to tour the campus, learn about the variety of services available to residents and neighbors and heard from local leaders and supporters whose help was instrumental in making Family Village Issaquah a reality.

Want to Help

There are some items the Family Village facility can use in general. Here's our wish list.

- 1. (4) Small bookshelves for lobby & laundry room areas
- 2. Interactive kids toys for lobby & laundry areas
- 3. Gently used games (for resident meetings and youth activities)
- 4. (2) Portable stereo systems
- 5. Dishes, serving set, mugs, glasses, serving utensils & flatware for facility kitchen areas (we have two kitchens)
- 6. Activity kits in small plastic storables: craft kits, bead kits, crayons, paper, scissors, etc.

Thanks so much, Degale Cooper Services Director Family Village Issaquah {p} 425.270.6804

About YWCA Seattle | King | Snohomish counties: YWCA Seattle |

King | Snohomish opens doors to opportunity and self-sufficiency for women and families facing poverty, violence and discrimination. Our safety net of services includes emergency assistance, shelter, safe and stable housing, personalized case management, counseling, employment assistance, career coaching, domestic violence advocacy and support groups, as well as mentoring, internships and opportunities for youth and future leaders, and access to needed health care for underserved populations.

The YWCA also focuses on eliminating the enduring disparities which disproportionately affect women and families of color in education, health care, housing and nearly every institution in our country. By teaching people how to navigate these everyday systems and reach their goals – by advocating for equity in policy, communications and access to services – we create a community where everyone lives with dignity and respect. For more information, visit ywcaworks.org.

Montreux Web Site –

www.montreux-hoa.org

A wealth of information, including past issues of the MONTREUX News, of value to MONTREUX residents and those considering moving here are there.

Our neighbor Webmaster: Charles Hayden, tel. 425-522-3776

Email: cchayden@gmail.com

BOARD OF DIRECTORS' UPDATES

President's Letter

Best wishes to you and your family for a happy holiday season from your MONTREUX Board of Directors!

Your board has worked hard over the past year to manage responsibilities of the MONTREUX Homeowners Association to help ensure that our community remains the most beautiful and desirable on the Eastside.

The Board members and other volunteers have done a wonderful job for you. I would particularly like to bring to your attention, and to personally thank, the following officers, committee chairpersons and other key volunteers who have done the most for our community over the past year: Judy Fenyk-Melody, Jay Willenberg, Susan Gardner, Joe Preston, John Bryon, Doris & Duane Burke, Sally Goetsch, Charles Hayden, Robert Keilin, Jerry Lilly, Jerry Mack, Lynn Mack, Joseph Nee, Marty Nelson, Myrt Nelson, Chris Steele and Susanna Wilken.

We hope that you will attend the monthly board meetings, as you can, and that you too will become one of MONTREUX's esteemed volunteers!

Best wishes to you and yours for a happy New Year! Peter Roppo

Letter from the Editors

In this season of giving thanks, we want to express our appreciation of living in such a beautiful community with such wonderful neighbors. This is our eleventh year of living in MONTREUX and we can say without reservation that each year has been a delight! We hope that you are enjoying living here as much as we are.

We too thank all of the volunteers who have been instrumental in helping to maintain the high "quality-of-life" standards that we enjoy in MONTREUX. But most credit is due to you, our neighbors, who do such great jobs of keeping your homes and yards beautiful! A SPECIAL THANKS to you!

Among our goals for the MONTREUX News this year was broadened participation in the News content by our neighbors. We are pleased that this goal is being achieved. This edition is richer thanks to your input.

The Children's Story Writing Contest, sponsored by our MONTREUX Homeowners Association and administered by the News editors, was a great success. Partial copies of the framed certificates presented to those judged to have won first, second or third place prizes are included in this edition.

In addition to a framed certificate, each contest participant received a personalized copy of Doris' & Duane's Goals book and a Barnes & Noble gift card - and, *all of the stories* were published in the September MONTREUX News!

Several parents expressed their appreciation for this writing opportunity for their children. We, in turn, commend the parents for encouraging their children to participate and for helping them.

Judy Fenyk-Melody helped the success of both the MONTREUX News and the children's writing contest through her chairmanship of the Advisory Committee for the newsletter. And in addition, she organized and managed the annual MONTREUX BBQ! She truly deserves multiple votes of thanks!

We wish you a very happy holiday season!

Doris&Duane Burke

Electric and Lighting Services

By Marty Nelson, Chairman

2011 was another project year for electrical services. Working with our contractor, WE Electric and Contracting we conducted a major renovation of the electrical controls of our lighting and water controls at the big waterfall.

The project included removal of the 16 year old electric panel and old control system and the installation of a new solid-state control panel which manages the services provided by the pumps at both waterfalls, controls water flow in and out of the ponds and measures water consumption at both locations. In previous years we had experienced water loss due to stuck valves and broken pipes that went undetected for extended periods of time. The new system has a wireless monitor that will contact the appropriate manager should there be excessive water consumption or water level loss in the ponds. The new system allows management and control by remote computer thanks to a wireless transmitter connected to sensors at the falls. Alarms created by failures will notify the responsible manager and they will be able to determine problems and shut down the defective area.

The new structure is a big improvement from the 15 year old leaning, metal structure of the past. Our new panel is housed in a wooden building that is secure and also adds to the look of our environment.

WE Electric Contracting has been a Montreux partner for the past 4 years, managing the electrical requirements of the HOA and any construction requirements that may arise. They recently rebuilt a mailbox structure that was destroyed when a car ran into it.

D. Marty Nelson is Broker – Owner of Montreux based Sterling Northwest Properties.

CC&R's Report

Hi Neighbors,

We have had a busy fall developing a 'Yard Maintenance Guidelines' document, which has been adopted by the HOA Board. It will be included with next quarters HOA dues billing. It addresses, in a more comprehensive and specific manner, the standard of upkeep of lawns, shrubs, hedges and driveways. The vast majority of homeowners already meet these standards but for the few homeowners that rent or only partially occupy their homes or are not willing to maintain their yards, a sliding scale of fines that can be added to the HOA dues will be listed. This hopefully clears up any ambiguity in the CC&Rs and will help homeowners maintain Montreux's desirability and attractiveness as a place to live.

Thank you for your cooperation. CC&Rs Committee
John Bryon, Chairman

Montreux Landscapes, Holiday Lighting

By Chris Steele For the Grounds & Landscaping Committee Myrt Nelson, Chairwoman

Now that the leaves are off the trees and the plants are dormant, it is a good time to reflect on what residents like about our landscaping and what they would like to see changed or improved. In addition to the upkeep of the lawns, hillsides and boulevard trees, we also have one color planting done, usually in May, at the waterfall area and at the neighborhood monuments. This year we chose to use Sunpatiens, a new hybrid of New Zealand impatiens developed to do well in direct sun, and accented it with Japanese forest grass and "ogon" sedum. After a slow start due to cool rainy weather, the Sunpatiens performed beautifully at most locations. Our challenge is to find plants that will do well with all different exposures if we want to continue to have the same plants at each monument. We also need plants that have a long bloom season and do not get too tall. You may have noticed several boulevard trees with flags on them. These trees are dying and will be replaced sometime before next spring.

We usually begin planning our summer color planting in March and encourage residents to get involved. If you would like to send us suggestions or be actively involved in the planning, please contact Myrt Nelson (nelsonmyrt@gmail.com) or Chris Steele (piosteele@comcast.net).

Depending on the weather, we may do a spring planting this year of bulbs and early bloomers and delay our summer planting until June.



Our holiday lights were installed in mid-November, and we added more lights including some red ones this year. If any residents would like to be coordinators of the light installation next year, we welcome your participation. If you are interested, please contact Myrt or the Montreux board.

Part of the planning process for the coming year involves spring cleanup and possible painting of the individual monuments in each neighborhood. The main monuments at the waterfall were painted two years ago, but the smaller monuments should be cleaned and possibly painted this next year. We are considering a work party this spring if enough residents are willing to donate a Saturday to scrubbing monuments and doing various landscaping chores to get our development ready for summer. We will send an e-mail to residents with further information as spring approaches.

Our landscaping company has informed us that the bark beetle is becoming a problem in some areas of Western Washington. If you have trees in your yard that seem to be stressed or dying, you should contact an arborist to see if a treatment is warranted. Individual treatment is fairly expensive but may be worth the cost if a tree is an integral part of your landscape design.

FOR HELP

Recommended Service Providers

One or more Montreux residents have recommended the following -

Yard Maintenance

Sear An, tel. 206-434-9684
Sam Barrett, Lakeside Landscaping, tel. 425-652-5534
Lotus Landscape Design, tel. 425-378-7789
http://www.lotuslandscapedesign.com/review.php
RB Landscaping, tel. 206-293-7769, 206-251-5436

House Numbers

Matt Ditmar, 253-886-0190 Curb Address numbers - "\$25 and it's done"

Gutter Cleaning

Wayne Whitney, tel. 206-354-9406 Chad Sullivan, 425-444-2423, unclechaddy@yahoo.com

House Cleaning

Brenda's Home Cleaning, tel. 206-293-7547, Brenda Aguilar - owner Homecleaningmakeover@gmail.com Norma Palayo - owner, tel. 253-486-7172

Carpet Cleaning

George Andrew Sedlack, owner; office: 206-283-9915, cell: 206-730-5825 **Dog Walking**Austin Melody, tel. 425-283-6480
Kate Rhodes, tel. 425-533-7720

Garage Doors

All City Door, Inc., tel. 425-865-8188 Ric's Garage Door Repair, tel. 425-827-6257

Electrical

WE Electric Contracting, tel. 425-508-6382, Jake Longfellow, Owner

Sprinklers Systems & Backflow Testing

Alpine Sprinklers, tel. 425-391-8701

Painting

Antonio Roman, tel. 425-443-8590 Granite Countertops Costco, tel. 425-313-0965

Roofing Contractors

CERTIFIED CONTRACTORS, INC.

1551 127th Place NE, Bellevue, WA 98005

(425) 646-9441 (425) 451-3904 (Fax) (888) 206-3676 (Toll Free)

Medical & Dental Services

Mayo Clinic, Rochester, MN, 507-538-1432, gen. # tel. 507-284-2111 Dr. Robert L. Frye, Cardiologist

Overlake Clinic & Hospital, Bellevue, tel. 425-688-5000

Dr. Joseph W. Doucette, Cardiologist

Overlake Clinic, Issaguah, tel. 425-313-0151

University of Washington Medical Center, Seattle, tel. 206-598-3300

Dr. Michael Rizen, Ophthalmologist, Eye Clinic of Bellevue, tel.425-454-7912

DD. Kris Swanson, Dentist, Overlake Clinic, Bellevue tel.425-454-4434

Accounting

Laurel Rich, Bettinger, Mifflin, Rich CPA Group, tel. 425-827-8771

Athletic Clubs

Bellevue Club & Hotel, Bellevue, tel. 425-454-4424

Sue Henderson, water aerobic instructor, 425-637-4610

Landscape Improvements

Lakeside Landscaping, Sam Barrett, owner, Tel. 425-652-5534 Legacy Landscaping, Tel. 425-391-3134



Who to Call for Help Montreux HOA Board Members

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Winter Tips for Children's Safety

Whether winter brings severe storms, light dustings or just cold temperatures, the American Academy of Pediatrics (AAP) has some valuable tips on how to keep your children safe and warm. Please feel free to excerpt these tips or use them in their entirety for any print or broadcast story, with acknowledgment of source.

What to Wear

Dress infants and children warmly for outdoor activities. Several thin layers will keep them dry and warm. Don't forget warm boots, gloves or mittens, and a hat.

The rule of thumb for older babies and young children is to dress them in one more layer of clothing than an adult would wear in the same conditions.

Blankets, quilts, pillows, sheepskins and other loose bedding may contribute to Sudden Infant Death Syndrome (SIDS) and should be kept out of an infant's sleeping environment. Sleep clothing like one-piece sleepers is preferred.

If a blanket must be used to keep a sleeping infant warm, it should be tucked in around the crib mattress, reaching only as far as your baby's chest, so the infant's face is less likely to become covered by bedding materials.

Hypothermia

Hypothermia develops when a child's temperature falls below normal due to exposure to colder temperatures. It often happens when a youngster is playing outdoors in extremely cold weather without wearing proper clothing or when clothes get wet. It can occur more quickly in children than in adults.

As hypothermia sets in, the child may shiver and become lethargic and clumsy. Speech may become slurred and body temperature will decline in more severe cases. If you suspect your child is hypothermic, call 911 at once. Until help arrives, take the child indoors, remove any wet clothing, and wrap him in blankets or warm clothes.

Frostbite

Frostbite happens when the skin and outer tissues become frozen. This condition tends to happen on extremities like the fingers, toes, ears and nose. They may become pale, gray and blistered. At the same time, the child may complain that his/her skin burns or has become numb.

If frostbite occurs, bring the child indoors and place the frostbitten parts of her body in warm (not hot) water. 104° Fahrenheit (about the temperature of most hot tubs) is recommended. Warm washcloths may be applied to frostbitten nose, ears and lips. Do not rub the frozen areas.

After a few minutes, dry and cover the child with clothing or blankets. Give him/her something warm to drink.

If the numbness continues for more than a few minutes, call your doctor.

Winter Health

If your child suffers from winter nosebleeds, try using a cold air humidifier in the child's room at night. Saline nose drops or petrolatum may help keep tissues moist. If bleeding is severe or recurrent, consult your pediatrician.

Many pediatricians feel that bathing two or three times a week is enough for an infant's first year. More frequent baths may dry out the skin, especially during the winter.

Cold weather does not cause colds or flu. But the viruses that cause colds and flu tend to be more common in the winter, when children are in school and are in closer contact with each other. Frequent hand washing and teaching your child to sneeze or cough into the bend of her elbow may help reduce the spread of colds and flu.

Children 6 months of age and up should get the influenza vaccine to reduce their risk of catching the flu.

Winter Sports and Activities

Set reasonable time limits on outdoor play to prevent hypothermia and frostbite. Have children come inside periodically to warm up.

Ice Skating

Allow children to skate only on approved surfaces. Check for signs posted by local police or recreation departments, or call your local police department to find out which areas have been approved.

Advise your child to:

Skate in the same direction as the crowd

Avoid darting across the ice

Never skate alone

Not chew gum or eat candy while skating.

Consider having your child wear a helmet while ice skating.

Sledding

Keep sledders away from motor vehicles.

Children should be supervised while sledding.

Keep young children separated from older children.

Sledding feet first or sitting up, instead of lying down head-first, may prevent head injuries.

Consider having your child wear a helmet while sledding.

Use steerable sleds, not snow disks or inner tubes.

Sleds should be structurally sound and free of sharp edges and splinters, and the steering mechanism should be well lubricated.

Sled slopes should be free of obstructions like trees or fences, be covered in snow not ice, not be too steep (slope of less than 30°), and end with a flat runoff.

Avoid sledding in crowded areas.

Snow Skiing and Snowboarding

Children should be taught to ski or snowboard by a qualified instructor in a program designed for children.

Never ski or snowboard alone.

Young children should always be supervised by an adult. Older children's need for adult supervision depends on their maturity and skill. If older children are not with an adult, they should always at least be accompanied by a friend. Consider wearing a helmet.

Equipment should fit the child. Skiers should wear safety bindings that are adjusted at least every year. Snowboarders should wear gloves with built-in wrist guards. Eye protection or goggles should also be used.

Slopes should fit the ability and experience of the skier or snowboarder. Avoid crowded slopes.

Avoid skiing in areas with trees and other obstacles.

Snowmobiling

The AAP recommends that children under age 16 not operate snowmobiles and that children under age 6 never ride on snowmobiles.

Do not use a snowmobile to pull a sled or skiers.

Wear goggles and a safety helmet approved for use on motorized vehicles like motorcycles.

Travel at safe speeds.

Never use alcohol or other drugs before or during snowmobiling.

Never snowmobile alone or at night.

Stay on marked trails, away from roads, water, railroads and pedestrians.

Sun Protection

The sun's rays can still cause sunburn in the winter, especially when they reflect off snow. Make sure to cover your child's exposed skin with sunscreen.

Fire Protection

Winter is a time when household fires occur. It is a good time to remember to:

- >Buy and install smoke alarms on every floor of your home
- >Test smoke alarms monthly
- >Practice fire drills with your children

>Install a carbon monoxide detector outside bedrooms

Source: American Academy of Pediatrics, 12/10

SafeKids, 11/105

Refer these tips to a friend or family -See AAP web site: http://www.aap.org/advocacy/releases/decwintertips.cfm

Winter Driving Tips Ice and Snow - Take it Slow

Ice and Snow, Take It Slow! Don't Crowd the Plow!

Protect yourself and your passengers. Allow extra time to reach your destination during inclement weather. Do not be the driver who shuts down the pass.

On ice and snow, take it slow. Drive for conditions – slower speeds, slower acceleration, slower steering, and slower braking in winter conditions.

Use your headlights.

Do not use cruise control.

Four-wheel and all-wheel vehicles do not stop or steer better on ice than two-wheel drive vehicles.

Leave extra room between your vehicle and the vehicle in front of you. And remember, the larger the vehicle, the longer the stopping distance.

Slow down when approaching intersections, off-ramps, bridges, or shady spots.

If you find yourself behind a snowplow, stay behind it until it is safe to pass. Remember that a snowplow driver has a limited field of vision. Stay back (15 car lengths) until you're sure it is safe to pass or until the plow pulls off the road.

Slow down and be extra cautious near the chain-up and removal areas. There are often people out of their vehicles.

Don't be the driver who shuts down the pass. Most of the time, the pass is closed to remove blocking vehicles. It takes only one unprepared or careless driver to slow or stop traffic.

WSDOT also closes the road for:

Avalanche Control: When possible avalanche control work is scheduled at night when traffic volumes are low. WSDOT attempts to provide advance notice, but in an emergency, it's not always possible.

Road Clearing: If there is heavy snow in a short amount of time, road crews may close the pass to clear ice and snow from the travel lanes.

Winter Weather Tips

City of Issaquah

Winter weather can make travel unpredictable. The intensity of a single snow and ice storm can vary significantly throughout the region because of the Puget Sound area's unique weather patterns.

The Seattle/King County area averages at least one significant snowfall annually. The next time it happens, be ready!

Winterize Your Vehicle:

Make sure your car and tires are in good condition and maintain a full tank of gas. Store blankets, a bag of sand, shovel, window scraper, flares, and warm clothes in the trunk. Also carry a set of properly sized tire chains in your vehicle — and learn how to put them on!

Winter Preparedness Checklist:

Vehicle preparedness		
	Warm clothes in trunk Chains in trunk	

 Full gas tank Sand/shovel in trunk Window ice scraper Flares, flashlight in trunk Antifreeze 				
Family emergency plan				
Familiarity with school and daycare plans Alternative shelter plans Alternative transportation arrangements Identified snow routes Bus timetables				
Home preparedness				
Battery-operated radio/flashlights Fresh batteries				

Put Safety First:

_ Well-stocked provisions

Keep in mind that it's the responsibility of the property owner to keep sidewalks clear of snow and ice.

Do not sled on roads and streets. Even roads and streets that have been closed can be dangerous.

Drive only if necessary.

Don't follow closely behind snowplows or sanding trucks. They may stop suddenly or spray sand, rocks or other material.

Driving in Winter Weather:

- Don't be in a hurry.
- Don't tailgate! It takes three to nine times longer to stop on rain, snow and ice.
- Take caution on bridges or overpasses. Elevated surfaces freeze faster and may be more slippery when the roads are wet and icy.
- Remember "wipers on, lights on." Whenever your wipers are on, you need lights to be seen.
- Carefully plan your trip. Avoid streets that are hazardous in bad weather, such as those with hills, dangerous curves and heavy traffic.

- Brake slowly. Avoid making sudden moves with brakes, steering or speed. Remember, four-wheel or all-wheel drive will not help you stop!
- Look ahead. Reduce your speed gradually before you reach stop signs, traffic lights or curves in the road.
- Listen to traveler's advisories and weather reports during your travel. Be prepared to stay off the roads if advised to do so.
- Wait at home or work for traffic to clear.
- Use tire chains, if needed.
- · For more tips, click here.

Caring for Pets:

During inclement weather, keep pets inside or limit their time outdoors. Outdoor pets still need a warm and secure shelter, such as a garage or insulated pet house, as well as water that will not freeze.

What to Avoid:

Hundreds of people die accidentally each year from carbon monoxide poisoning caused by appliances that are not used properly or that are malfunctioning. To prevent carbon monoxide poisoning, never burn charcoal inside homes, tents, campers, vans, trucks, garages or mobile homes. Also, never use gasoline powered equipment indoors.

MONTREUX Real Estate Looking back at 2011

By D. Marty Nelson

2011 was not a stellar year for real estate sales in Montreux. Homes that were priced for the market sold in a few weeks, others languished and some did not sell. Downward pressure on prices due to bank foreclosures created a Buyer's market resulting in low inventory because homeowners did not want to lose the value of their home. The word on the street was: "if you don't have to sell – sit it out" OR "if you need to sell – be prepared to sell at a lower price". Montreux was not an exception with homes selling at prices seen in 2003.

As of December 1, 2011 the number of homes for sale in Montreux are three, all located on Alpen Glow Place. These homes are greatly affected by bank ownership resulting in listings over a year or more old.

Three homes sold in Montreux at an average of \$205/sq. ft. and an average sale price of \$730,000.

Seattle area Brokers are optimistic about the 2012 market as there appears to be a healthy number of buyers relative to the inventory for sale. The new year will start off with a shortage of inventory in both affordable and mid-priced homes, according to Lennox Scott of J.L. Scott Realty.

Montreux homes that are in good condition and priced to the market will be snapped up by a pent up demand of buyers sitting on the sidelines with cash or great credit. Get ready to sell beginning in March.

Rental market

As homeowners get frustrated because they need to move and don't want to give their home away, many of them are choosing to rent-out their home rather than sell. The number of rental homes in our community has increased creating opportunity for potential buyers to try out the area before they buy. The demand for quality, priced right rentals is high in Montreux. Currently there are two homes for rent in Montreux.

D. Marty Nelson is Broker – Owner of Montreux based Sterling Northwest Properties. "We are Montreux specialists and are full service real estate listing and sales as well as rental property managers. We help owners rent their homes and manage it on their behalf. We recruit and screen tenants, maintain properties, collect rent and pay the owners promptly."

"Give me the keys and we'll do the rest is our slogan, we do it so you don't have to.

Call Marty at: 425-996-7164 or Cell 425-891-1082"

Montreux Real Estate Update – Holiday 2011

CURRENTLY FOR SALE:

List Price	<u>Sq. Feet</u>	<u>Address</u>
\$585,000	3,370	4906 Alpen Glow Pl NW
495,000	3,500	4948 Alpen Glow Pl NW
574,950	3,040	4995 Alpen Glow Pl NW



PENDING:

None

SOLD (September - November, 2011):CumulativeList PriceSq. FeetAddressSold DateSold PriceDays on Market\$850,0004,1605555 NW Konigs Court09-02-11805,00088

Pricing – The leading factor in whether or not a home sells. To give yourself a competitive advantage, ask your realtor to prepare a marketing analysis. Past area sales can give you an idea of how to price your house, and current listings are your direct competition. There are also other factors to consider, such as location (for instance, if freeway noise is audible from your home), and the updating you have done. Studies have shown that minor kitchen remodels rank high among the list of projects that will bring you the most return for your dollar. Another very important room is the master bathroom. If you are thinking of remodeling, feel free to contact me for a list of recommended, reliable, and affordable contractors. A small investment in updating can go a long way towards raising the value of your home.

Happy Holidays and Best Wishes in 2012!



Susan Gardner

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~ Feel free to call with real estate questions ~

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The MONTREUX Bear

He has visited so many friendly neighbors that he was willing to pose for us. He thanks you for your hospitality and looks forward to seeing you in 2012!

Picture courtesy of Doris Burke - (Brave girl!)

